

**HARYANA STAFF SELECTION COMMISSION**  
**BAYS NO. 67-70, SECTOR-2, PANCHKULA-134151**  
**(Website: www.hssc.gov.in)**

**PST, PMT & SCRUTINY OF DOCUMENTS NOTICE**

**NOTICE TO THE CANDIDATES FOR PHYSICAL SCREENING TEST (PST),  
 PHYSICAL MEASUREMENT TEST (PMT) AND SCRUTINY OF DOCUMENTS  
 OF MALE CONSTABLE (G.D.) AGAINST ADVT. NO. 04/2020, CAT. NO. 01  
 OF POLICE DEPARTMENT, HARYANA**

It is notified for information of all candidates who have qualified knowledge test/ written examination and have been shortlisted for PST that Haryana Staff Selection Commission will hold the **Physical Screening Test (PST)** for the post of **Male Constable (G.D.)** against **Advt. No. 04/2020, Cat. No. 01 of Police Department, Haryana** from **17.12.2021 to 28.12.2021** and after that candidates who qualify PST will appear for **Physical Measurement Test (PMT)** and **Scrutiny of Documents** as per schedule given below:-

Sr. No.	Name of the post	Advt. No.	Cat. No.	Date of events	Place
1.	Male Constable (G.D.)	04/2020	01	<b>PST</b> <b>17.12.2021 (Friday)</b> to <b>28.12.2021 (Tuesday)</b>	Road Behind Tau Devi Lal Stadium, Near Devi Nagar Sector-3, Panchkula
				<b>PMT &amp; Scrutiny of Documents</b> <b>03.01.2022 (Monday)</b> to <b>20.01.2022 (Thursday)</b>	Parade Ground, Sector-5, Panchkula

**No Entry after 02:30 P.M.**

**Physical Screening Test (PST):-**

- Candidates, equalling seven (07) times the number of vacancies in each category shall be declared to have qualified the Knowledge Test (KT).
- The candidates who have qualified in Knowledge Test shall be put to a Physical Screening Test, which would be only qualifying in nature, to judge their physical fitness and endurance. The standards prescribed for this test shall be as under:-

Candidates	Test distance	Qualifying Time
1. Male	2.5 Kilometer	12 minutes
2. Ex.-serviceman	1.0 Kilometer	5 minutes

**Note: RFID (Radio Frequency Identification Device) or any other superior and reliable technology shall be used to ensure reliability of this test at the discretion of the Haryana Staff Selection Commission.**

- The responsibility of having the requisite medical fitness to undergo this test shall rest upon the candidate.
- The candidates who fail to meet the standards prescribed for Physical Screening Test shall stand eliminated from further selection process.
- The result of physical screening test shall be prepared by the Haryana staff selection commission. The Haryana staff selection commission shall display the same on its official website.
- Only the candidates who qualify the standards prescribed for Physical Screening Test shall be allowed to take part in the further process of selection.

**Note:-** The candidates belonging to dependants of Ex-Servicemen and dependants of Freedom Fighters category are required to complete in Physical Screening Test with standards similar to the candidates belonging to their respective categories i.e. "General, SC, BC-A, BC-B". Process of holding Physical Screening Test and instructions

shall be notified separately before the PST.

**Physical Measurement Test (PMT): -**

- a) The candidates who have qualified the Physical Screening Test shall have to undergo Physical Measurement Test as per standards prescribed in Appendix-B of Haryana Police (Non-Gazetted & other ranks) Service Rules, 2017, amended from time to time.

	Height	Chest
Male	170 Centimetre General Category	83 Centimetre (un-expanded) to 87 centimetre (expanded) <b>with expansion of 04 Centimetre (minimum).</b>
	168 Centimetre for eligible reserve Categories as per latest existing Government Reservation Policy.	81 Centimetre (un-expanded) to 85 centimetre (expanded) <b>with expansion of 04 Centimetre (minimum).</b>

- b) To make the entire process of the physical measurement test tamper proof, fair and impartial, standard digital measurement devices shall be used to the extent possible, in a manner that the candidates are able to read their measurements on a digital display monitor.
- c) The result of physical measurement test shall be prepared by the Haryana staff selection commission. The Haryana staff selection commission shall display the same on its official website.
- d) The candidates who fail to meet the standards prescribed for Physical Measurement Test shall stand eliminated from further selection process.**
- e) Only the candidates who qualify the standards prescribed for Physical Measurement Test shall take part in the further process of Selection.

**Note: - Physical Measurement Test shall be of qualifying nature only.**

**Scrutiny of Documents: -**

- 1) It is mandatory for all candidates to fill scrutiny form online using the link available on website of Commission from 31.12.2021 to 02.01.2022 without which their documents will not be verified and they will not be considered for further process.
- 2) The link will remain activate from 31.12.2021 to 02.01.2022 after which link will be disabled.
- 3) Candidates shall upload all original documents only.
- 4) Candidates shall fill the scrutiny form online and take print out to be produced at the time of documents verification.
- 5) Candidates shall bring affidavit verified by SDM/Tehsildar/Executive Magistrate for claiming the benefit of No one in family is/was/has been in Govt. Job under Socio-Economic criteria. Self attested undertaking will not be accepted.**

**IMPORTANT INSTRUCTIONS FOR THE CANDIDATES FOR PHYSICAL SCREENING TEST (PST), PHYSICAL MEASUREMENT TEST (PMT) AND SCRUTINY OF DOCUMENTS ARE AVAILABLE ON WEBSITE OF THE COMMISSION i.e. [www.hssc.gov.in](http://www.hssc.gov.in) WHICH SHOULD BE THOROUGHLY READ BY CANDIDATES BEFORE COMING FOR EVENT.**

Result of candidates who qualify PST will be declared on website of Commission on the last day of PST after the finish of event. Candidates who qualifies PST will be allowed to participate in PMT & candidates who qualifies PMT will be allowed to take part in Scrutiny of documents.

Admit Card for PST of the candidates will be uploaded on the Commission web-site i.e. [www.hssc.gov.in](http://www.hssc.gov.in) on dated **14.12.2021** and for PMT & Scrutiny of Documents on **01.01.2022**. **Candidates are advised to read the instructions on the Admit Card carefully and follow the same strictly.**

No separate information will be sent to the candidates by the Commission through post.

Place: Panchkula  
Dated: 11<sup>th</sup> December, 2021

-Sd/-  
Secretary,  
Haryana Staff Selection Commission,  
Panchkula

**HARYANA STAFF SELECTION COMMISSION**  
**BAYS NO. 67-70, SECTOR-2, PANCHKULA-134151**  
**(Website: [www.hssc.gov.in](http://www.hssc.gov.in))**

**IMPORTANT INSTRUCTIONS TO THE CANDIDATES FOR PHYSICAL SCREENING TEST**

1. **All Candidates who intend to appear in Physical Screening Test (PST), Physical Measurement Test (PMT) & Scrutiny of Documents be advised to get themselves vaccinated against Covid/Corona immediately**
2. Candidates must go through the instructions below as well as prescribed on the Admit Card carefully before coming for the Physical Screening Test, Physical Measurement Test and Scrutiny of Documents.
3. Candidate must bring legibly printed Admit Card with recent colored photo pasted on Admit Card duly attested by Gazetted Officer and one identity proof with photo like Driving Licence, Voter Card, Aadhar Card, Passport etc. at the time of Physical Screening Test, PMT and Scrutiny of Documents failing which candidate will not be allowed for Physical Screening Test.
4. Candidate should report the venue along with his admit card as originally downloaded from website at the date and time mentioned therein. Entry in the venue shall not be allowed before the time mentioned in admit card. After the completion of one shift the entry for next shift shall start. The candidates should download admit cards for all tests separately i.e, Candidates shall download 3 copies of original admit card (not to be photostated) which shall be brought for Physical Screening Test (PST), Physical Measurement Test (PMT) and Scrutiny of Documents separately.
5. Result of Physical Screening Test (PST) will be displayed on commission website on the last day of PST after the finish of event. Candidates who qualify the PST will only be allowed to take part in PMT. Candidate shall check the website of commission.
6. At the venue, candidate shall be given token number and then he shall go into the waiting area from where he shall be called as per his token number for registration. After registration he will be given Bib Number and chip which shall be tied to his feet. The candidate should not try to temper with the Bib or the chip at any stage as the same shall lead to cancellation of candidature and he shall be eliminated from further recruitment process.
7. Taking drugs and other restricted medicine are strictly prohibited during Physical Screening Test (PST) and Physical Measurement Test (PMT).
8. All the candidates who have applied for the post of Male Constable (G.D.) should ensure that they meet the physical standards for the post and fit for the conduct of physical test. The candidate will participate in the Physical Screening Test at his/her own risk/responsibility. The commission or the Government shall not be responsible for any mishappening or injury caused to him during the test.
9. The candidate can participate in the Physical Screening Test with/without shoes as per his/her choice but if candidate runs without shoes and an injury is caused the Commission or Government shall not be responsible for the same.
10. Procedure:-
  - i) Registration of candidate by capturing photographs & biometric finger print after confirming the identity from ID produced by candidate.
  - ii) Providing separate chest number & RFID tags.
  - iii) The candidates are required to pass through all the points of runway and if a candidate's chip is not recorded at any point, He/she shall be declared fail and for such failure he himself shall be responsible.
  - iv) De-registration, obtaining Bio-metric and taking back RFID chip & chest number at end of race/walking test.
11. **Biometric data captured at the time of written exam will be matched with the data captured during PST, PMT and Scrutiny of documents. In case of biometric mismatch of candidate, he will not be allowed to participate in the test.**
12. PMT and Scrutiny of documents will be conducted for only those candidates who have qualified PST and whose Roll number is there in result published by HSSC. As per Advt. conditions, after taking biometric attendance videography of candidate will be done. Then candidate will appear before the committee assigned for PMT. PMT will be carried out using machines in which data related to measurement will be displayed on screen. Candidate shall sign on the measurement slip. If any candidate has any objection regarding PST, PMT or Scrutiny of Documents he/she shall raise his objection immediately, after which no such objection shall be considered.
13. After PMT, Scrutiny of documents of qualified candidates will be carried out. Document Scrutiny will be done only of those candidates who qualify the Physical Measurement Test. If at any stage, it is found that candidate has not fulfilled the eligibility conditions upto cut off date as per Advertisement, his candidature will be considered cancelled.
14. After checking the Admit card and Photo ID proof of candidate he will be allowed to appear before the assigned committee for scrutiny. After being verified by committee, his signature and thumb impression will be taken on the attendance sheet.
15. For documents verification, candidates shall bring original admit card, one photo identity proof and required documents (which have been mentioned by the candidates in his application form) and there attested photocopies with downloaded application form. Only those documents will be considered which have been mentioned by candidate in online application form.

16. All candidate are bound to follow the instructions given by HSSC and if not followed, his candidature may be cancelled.
17. If any candidate is found creating any kind of indiscipline, his candidature may be cancelled.
18. Mobile phones or any kind of electronic instruments are strictly prohibited at the test site.
19. Physical Screening Test, PMT and Scrutiny of Documents will be as per HSSC Advt. No. 04/2020 which is already available on Commission's website i.e. [www.hssc.gov.in](http://www.hssc.gov.in).

Place: Panchkula  
Dated:-11<sup>th</sup> December, 2021

-Sd/-  
Secretary,  
Haryana Staff Selection Commission,  
Panchkula